

What to pack.....

WHEN YOUR CHILD STARTS.... PLEASE BRING:

- ✓ A bag
 - ✓ A hat
 - ✓ Lunch packed in a separate container
 - ✓ Fruit/healthy snack for morning
 - ✓ A drink bottle with water (please NO juice or cordial)
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- **BAG** Your child will need a bag with their name printed clearly on the inside of the straps or some other discreet place. Staff need to identify your child's bag to help them keep their belongings together. Sometimes children get confused when other children have the same bag as them, so make your child's bag easy to identify. Occasionally parents or caregivers accidentally take the wrong bag home!

 - **HAT** In terms 1 and 4 we have a sun smart program [Sun and Hot Weather Policy](#) and the children are not allowed to play outside without a hat to shade their faces, ears and the back of their neck. Any broad brimmed hat is suitable but if you wish you can purchase a bucket hat with the kindy logo.

 - **LUNCH** Children need to bring lunch in a lunchbox, these are kept inside and children sit at tables and eat their lunch together. More information on lunches can be found in the Kindergarten sessions box on the home page.

 - **SNACKS** We have a healthy food policy and ask that you send a healthy snack of fruit/vegetable sticks, cheese, dried biscuits or sandwiches. Fresh fruit is best. Please do not send sweets, cake chips, roll ups, nuts or muesli bars. (Some muesli bars may contain traces of nuts). We are a nut aware Centre because of the increasing number of children with serious life threatening allergies to nuts. Keep your snacks in your bag we will have a snack time in the morning.

 - **DRINK BOTTLE** Like school a water bottle is required. As per our [Healthy Eating Guidelines](#) we ask that you do not send cordial or fruit juice but fill the bottles with water. We provide fresh filtered water and encourage children to take regular drinks, especially during warm weather.

 - **SPARE CLOTHES** are sometimes needed. Play can be wet or messy and sometimes bathroom accidents happen. Children can get their spare clothes from their bag and with a little assistance from staff are able to change into clean dry clothes.

 - **LABEL** everything! During winter many coats are left in the lost property box because they are not named. Use a permanent texta to write your child's initials on the underside of the tag. We always have plenty at kindy for you to borrow if you need them.

❌ Leave toys from home, at home, sometimes they are lost or broken when they visit kindergarten.

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